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Worksheet 01

Std: XII

Subject: PHYSICAL EDUCATION

Multiple choice and objective type questions

1. Staircase method is used for fixture in which tournament?
a) Knock out b) Challenge c) League d) none of these
2. National sports day in India is celebrated every year on:
a) 29th July b) 29th March c) 29th June d) 29th August
3. In which tournament, strong team may have the possible to be eliminate in starting round?
a) League b) Knock out c) Challenge d) Consolation
4. In which tournament, a team once defeated gets eliminated from tournament?
a) Knock out b) Round robin c) League d) challenge
5. Which methods is not used for preparing fixtures in league tournament?
a) Staircase b) Tabular c) Combination d) Cyclic
6. Which sports competition is organized within the school?
a) Inter school b) Extramural c) Intramural d) Annual sports
7. Intramural are significant for :
a) Physical b) Social c) Mental d) All the Above
8. How many teams will be placed in 3rd quarter if 31 team are participate in knock out?
a) 6 b) 7 c) 8 d) 9
9. Tournaments are helpful for the development of ;
a) Social qualities b) Sports skill c) players selection d) All the Above
10. How many methods can be used for preparing fixtures in league tournament?
a) 5 b) 4 c) 3 d) 2
11. How many Byes will be given if 21 teams are participating in knock out tournament?
a) 10 b) 11 c) 12 d) 13
12. The second bye is given to the . . . team of the upper half in knock out tournament.
a) 4th b) 1st c) 2nd d) 3rd
13. If the no. of team is 21 then how many matches want play in knock out tournament?
a) 19 b) 20 c) 21 d) 22
14. How many byes in lower half if the no. of team is 11 in knock out tournament?
a) One b) Two c) Three d) Four
15. If the no. of team 12, then how many rounds available in knock out fixture?
a) 2 b) 3 c) 4 d) 5
16. In 7 teams how many matches in single league tournament?
a) 22 b) 21 c) 71 d) 72
17. Who say "A plan is a trap laid to capture the future"?
a) Buck b) Allen c) Mitchell d) Nack
18. Which committee is responsible to advertise sports event?
a) Official b) Reception c) Announcement d) Publicity
19. Which committee is responsible for makes arrangements for medals and trophies?
a) official b) Ground c) Equipment d) Prize
20. Which tournament is also called the 'Berger system'?
a) Knock out b) League c) Round robin d) Challenge